



# Parent Guide TOO SICK FOR SCHOOL?

Below are some guidelines to help you make the decision about when to keep your child home from school. The recommendations are based on the guidelines provided by Centers for Disease Control and Prevention (CDC). They were developed to help prevent the spread of potentially contagious disease.



## FEVER

With fever greater than 100°F.  
Student may return when fever-free for 24 hours (WITHOUT use of fever-reducing medicine).



## VOMITING/DIARRHEA

Any unexplained vomiting or diarrhea. (Diarrhea = three or more episodes of watery or loose stools in 24 hours OR sudden onset of loose stools.) May return 48 hours after last episode.



## RASH

Any new rash accompanied by a fever. May return after rash goes away or clearance given by a health care provider.



## SKIN LESIONS/SORE

Drainage from a sore that cannot be contained within a bandage OR sores are increasing in size OR new sores are developing day-to-day.



## COUGH

Serious, sustained coughing, shortness of breath, or difficulty breathing.



Home is the best place for a child who is ill. If your child is sick with a diagnosed communicable disease, please notify the school as soon as possible. This notification will greatly assist others who, due to medical reasons and / or treatments, have weakened immune systems and may require immediate and specialized care.